

New England Academy of Tennis

Integrated Training for Athletes Committed to Excellence

2018-2019 Application

Personal	Name _____ DOB _____ Age _____
	Address _____
	City _____ State _____ Zip _____
	Home Phone _____ Player's Cell Phone _____
	Player's Email Address _____
	Parent's Names _____
	Parent's Work Phones _____
	Parent's Email _____ Parent's Cell Phone _____

Tennis	Home Club _____ USTA # _____
	Personal Coach _____
	UT Rating (www.myutr.com) _____ Current Singles Rankings: National _____ Sectional _____

Additional Tennis Info	Describe your tennis goals and any awards, honors or special achievements (use an additional sheet if necessary):
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Below are what we consider when reviewing a prospective player's application to the Academy:

UTR Rating (MyUTR.com) - Age - Sportsmanship - Tennis Commitment Level - Tennis Goals

Submitting an application does not guarantee participation in the Academy. UTR rating and age are mainly used in deciding acceptance and placement. Upon receipt of your application, you will be contacted by a Director for an off-court interview and on-court hitting session. Academy Directors place participants where they feel it is appropriate.

Payment Info	<ul style="list-style-type: none">• The credit card information section below must be completed in full at the time an application is submitted and is required to remain on file with the Academy during enrollment in the program.• A \$250 deposit must accompany your application. The deposit will be credited on your first tuition payment. You can use the credit card number provided or send a check along with the application.
	Credit card type and # _____ Expiration Date _____
	Name on card _____
	Please see payment schedule in the Session/Fees section of the application. Once a player is accepted to the Academy, he/she is responsible for the remaining tuition in full, or in the event of a withdrawal, until we can fill the vacant slot. Credit is considered for injuries only. The Academy accepts all major credit cards. Please make checks payable to: NEAOT/Longfellow Tennis Club By signing below you acknowledge you understand the financial terms of participating in the Academy. Name _____ Date _____

The Academy on court training is held 7 days a week with Match Play on Saturday (Sunday Match Play is by invitation only to ensure every player attending Group 1-4 will get a smart video match analysis with statistics and smart filters). Players can train as frequently as they like with our flex schedule. Training schedules are created according to the player's developmental needs and can vary in frequency throughout the year.

NEW

The Academy is now offering **Orange and Green developmental classes**. These are invitation only programs for young players with desire to compete in more tournament play. Selection criteria includes but is not limited to athleticism, sportsmanship, work ethic, and overall commitment to improvement. The classes will focus on building a strong and proper foundation for long term competitive development and play. The program will also provide match play opportunities with other programs, JTT events, as well as video analysis and mental toughness classes. For information and potential selection for this program, please contact Kelly Day at: kday@longfellowhealthclubs.com

The chart below lists all the training days and times and is leveled based on a player's UTR rating/age. 30-minute tennis specific movement education and skills training is included weekly in beginning or end of practice for Group 1-4. Sport psychology, video analysis, etc. is included bi-weekly. These groups will have 1 hour 45 minute on court each practice.

Schedule

	Morning Practice (All groups per acceptance)	Match Play	Group 1 UTR 10+*	Group 2 UTR below 9*	Group 3 UTR below 7.5*	Group 4 UTR below 6*	All Groups
M	5:30-7:30am		4:45-7pm			3:30-5:45pm	
Tu				4:45-7pm	3:30-5:45pm		
W	5:30-7:30am		4:45-7pm			3:30-5:45pm	
Th				4:45-7pm	3:30-5:45pm		
F							7-9pm All Teams
Sa		3:30-5:30pm All Teams					
Su		1:30-3:30pm By Invite Only					3:30-5:30pm All Teams

Group 1 UTR 10+ Ratings (advanced National & Sectional ranked players)
Group 2 UTR Ratings below 9/Age
Group 3 UTR Ratings below 7.5/Age
Group 4 UTR Ratings below 6/Age

*Actual UTR ranges depend on signups.
 For **STARS** information contact Bryce at: bwarren1724@gmail.com

Sessions/Fees

Group 1-4:

<input type="checkbox"/> Full Time Students September 10, 2018 - June 6, 2019 Installment 1 - due Aug. 1, 2018 Installment 2 - due Jan. 15, 2019 Installment 3 - due Mar. 15, 2019 2 days per week = \$2,900 x 3 3 days per week = \$4,300 x 3 Application due by July 13, 2018	<input type="checkbox"/> Full Time Students that play High School Tennis September 10, 2018 - March 14, 2019 Installment 1 - due Aug. 1, 2018 Installment 2 - due Jan. 15, 2019 2 days per week = \$3,100 x 2 3 days per week = \$4,580 x 2 Application due by July 13, 2018
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Add On's

Tennis Film Lab	Technical Video Analysis
Tournament Travel	Vision Training
Mental Training	Private Lessons

We offer additional Academy services that we know are beneficial to a player's development.
 For information contact the Director at: alex@neaot.com

Fitness

Optional individualized functional fitness training is available.
 If interested in small group or individually please check this box and we will contact you about options.

PLAYER AGREEMENT

Academy Participant Name _____

Expectations

Welcome to the New England Academy of Tennis. When you are accepted into the Academy, you enter into an agreement with the Academy tennis, fitness and support coaches. In this agreement we promise to give you our time, attention and expertise in order to help you become a more complete tennis player. We promise to provide a thoughtful, dynamic and productive training environment. Your half of the bargain is to show up for every practice session willing to give your best effort, support your Academy teammates and work with the coaching staff to better your game. The information and policies below outline specific responsibilities that you must agree to while enrolled in the Academy whether on court, in fitness, a classroom or representing the Academy in regional or national tournament play.

Coachability

Our responsibility as Academy coaches is to educate you as an athlete in all aspects of the sport. We bring years of experience, a depth of knowledge, and a sincere desire to see you succeed both on and off the court. We will ask you to focus on fundamental but powerful aspects of your game. You must be receptive to coaching, and be ready and willing to embrace the discomfort that is part of developing your game to its full potential.

Work Ethic

Part of being an Academy participant is developing the work ethic of a dedicated athlete. Working toward your potential as a player requires repetition and attention to detail that can become tedious. You must learn to master the boredom. As you learn to love the work, your diligence will be rewarded with steady progress. In every training environment we expect your best effort at all times.

Respect

You are responsible for treating your coaches, teammates, and yourself respectfully at all times. This means that you must listen attentively when someone else is speaking (e.g. no hitting tennis balls, spinning racquets, or talking). In addition, behaviors such as throwing racquets, ball abuse, verbal abuse, or other disrespectful outbursts are strictly forbidden and may result in expulsion from the Academy.

Responsibility

While the Academy Coaches are here to support you in your quest to reach your potential as a player, your successes and/or failures rest largely on your shoulders. Every athlete experiences triumphs and setbacks. Take responsibility for your own progress both on court and in fitness. In addition to being responsible for your own progress, you have a duty to your peers to help them practice productively. Be unselfish. Work hard-not only for yourself, but also for the sake of others.

Attendance

Make your best effort to be at every Academy session. Your participation level is a measure of your commitment to your tennis and to the program. If you attend the on court training session, you must attend the fitness session as well. While we understand that scheduling conflicts are sometimes unavoidable, absences should be rare. If you cannot attend an Academy session, tennis or fitness, please notify the Academy staff as soon as possible. Every practice session that you are unable to attend is an opportunity for someone else to participate.

Representing the Academy

When you compete in USTA tournaments you are a representative of the Academy. We expect you to display excellent sportsmanship in competition. Carry yourself with confidence, treat opposing players and officials with respect, and engage in fair match play no matter what the score. If you receive a USTA suspension, you will be suspended or expelled from the Academy.

Discipline

Participation in the Academy is a privilege. If it is clear that you cannot live up to these expectations and that you are unable to fulfill your part of the agreement, you will be asked to leave the Academy.

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PLAYER HEALTH HISTORY PROFILE

Name _____

Address _____ City _____ State _____ Zip _____

Parent(s) Name(s) _____

Home Phone _____ Parent(s) Work Phone _____

Physicians Name and Phone _____

1. Have you had a physical in the last year? Yes No Date of last physical _____

2. Are you currently under a physicians care for any injury or illness? Yes No
Please explain _____

3. Are you currently taking any medications that would effect your training on or off court? Yes No
Please explain _____

4. Have you ever had a sports related injury? Yes No
 Tennis Elbow Shoulder/Rotator Cuff Wrist/Hand Back Knee(s) Pulled Muscles Other
Please explain _____

5. Is there any reason you should not participate in a physical conditioning program? Yes No
Please explain _____

WAIVER

As a condition for acceptance into the New England Academy of Tennis, the following items must be read and understood, and by signing below you acknowledge acceptance of these conditions.

1. It is hereby understood and agreed to that any accident or illness claims while attending the New England Academy of Tennis practices, functions, tournaments and during travel will be covered by the participants parent(s)/legal guardian(s) insurance.
2. The New England Academy of Tennis agents have my permission as the parent/legal guardian to transport my child to practices, events, tournaments and related functions.
3. The New England Academy of Tennis has my permission as the parent/legal guardian to seek emergency medical treatment for my child at any New England Academy of Tennis based practices, events, tournaments and related functions in the event I can't be reached.
4. The New England Academy of Tennis has my permission to use photographs of my child for the expressed purpose of promoting the New England Academy of Tennis including brochures, website and other advertising print or electronic mediums.

AGREEMENT ACCEPTANCE

By signing below, I acknowledge I have read and agree to the terms and conditions of the Application, Player Agreement, Health History Profile and Waiver.

Academy Participant Signature _____ Date _____

Parent/Legal Guardian Signature _____ Date _____